



Pancake Tuesday



**CWA-Biggest Morning Tea** 







# Upper Beaconsfield flyover on ANZAC Day

For several years, residents attending the local ANZAC day services noticed the small planes that fly over around 11 am and wondered what the planes were and where they came from.

Earlier on ANZAC Day this year, ABC Melbourne's Jon Faine was broadcasting from the Shrine of Remembrance. He mentioned that old planes were flying from Tyabb to Emerald. After a bit of Googling, phone calls and emails I found the Peninsula Aero Club and the Old Aeroplane Company.

Jack Vevers, the president of the Peninsula Aero Club kindly provided some information about the old planes that flew over. He coordinated the flyovers and piloted one of the planes. There were two formations, the one with four planes flew almost directly overhead and the other with two planes was further away.

The planes included an Australian built 351 Mustang, 3 squad colours, which saw service in Italy in 1945. Another was the Kittyhawk P40F, the last plane of its type still flying in the world. It served in the South Pacific and was ditched near the French Hebrides, now Vanuatu. It was recovered in the 1980s and brought to Australia and restored at the Old Aeroplane Company. Other aircraft included United States Trojans, and Russian Yaks.

Mal Austin took a good shot (left) of the formation that flew close to Upper Beaconsfield.

After I tried to explain to Jack where

Upper Beaconsfield was, and Charing Cross where the service was held, he wryly stated "When you are flying in formation you don't look down!" Full attention is on the lead aircraft. When approaching Upper Beaconsfield pilots look for the landmark water tower, and over Emerald they look out for the Puffing Billy railway.

If you like to examine restored planes up close, check online and on Facebook for The Old Aeroplane Company and the Peninsula Aero Club. Both are based at Tyabb. To get an idea of what it is like to fly aerobatics in a small plane, see Jack's aerobatic performance in the Yak 52 on Youtube https://youtu.be/ZIxiAX8wYT8

HELEN SMITH

# Action on local issues

### Deer management

The UBA April meeting featured Mike Hall who spoke about the progress the Cardinia Deer Management Coalition has made in tackling the increasing deer problem affecting local properties. The Coalition aims to assist property owners with advice about managing deer and to develop a register of approved controllers. The local deer population has exploded in recent years, and affected landowners are at their wits end on how to deal with the vegetation damage. This is of concern, because deer eat low-level vegetation, and put at risk the proposed reintroduction of the helmeted honeyeater.

## **Beaconsfield Reservoir news**

Fedir Woskoboenko provided an update on the Beaconsfield Reservoir and the Melbourne Water plans to make the dam wall safe and comply with contemporary standards. Melbourne Water is developing alternative plans to lower the wall and to make improvements to the reserve in the management of paths, revegetation, and provision of community facilities. In March, a group of people representing the Friends of Beaconsfield Nature Conservation Reserve, Upper Beaconsfield Association, Hughendon Road Fire Guard and the Cardinia Environment Coalition attended a Melbourne Water meeting to gain

further feedback about the plans. They sent their response to Melbourne Water. In early May,



Melbourne Water held community information sessions to help people understand the need for the changes. Hearty congratulations to everyone who participated in the meetings and who took the time to provide important community feedback. We all hope for a good outcome.

# Other issues • Parking prob

- Parking problems at the Community Complex were discussed and Cardinia Shire has been contacted to remedy the situation.
- At a local forum, the Minister for Communication announced the installation of a new tower in the area, but further information is needed to clarify the type of tower.
- The Cardinia Shire and Safer Community's Fuel Management Project has community groups working on targeted projects.
- The need for wildlife warning signs on local roads, especially around dusk and dawn, to reduce roadkill. UBA has approached Cardinia Council and local councillors to get action on this problem.

HELEN SMITH

Next public meeting
Wed 5 June at 7.30 pm
Community Complex

All welcome!

# Cover photograph: Cork Oak

(Quercus suber)

This majestic tree off Telegraph Road is listed on the significant tree register of the Cardinia Shire.

It is believed that this tree was one of 1000 English and other trees planted by Mary Hunter Blair, the wife of Dr Blair of Collins Street. Dr Blair, surgeon at the Alfred Hospital, advocated tree planting in Melbourne in the 1870s. He wrote to the Mayor in 1873 "The houses would be shaded, the pavement would not become so hot, the reflection and glare of the windows would be materially lessened; when the trees acquired sufficient height less evaporation would take place from the road, consequently, dust would be

more under control, and the watering of the streets would not require to be performed so frequently.... By the more general planting of trees the city would be greatly beautified, the damp parts of it would become drier, from the roots absorbing the superfluous moisture and the health, comfort, and well-being of the inhabitants would be vastly promoted."

Dr Blair died on 9 Mar 1887, and the property in Upper Beaconsfield was advertised for sale. Mrs Blair is believed to have remained in Melbourne or at Blairgowrie, so the cork oak must be about 135 years old.

The property was used as a female inebriate retreat for a short time in the 1890s.

MARIANNE ROCKE

# Rainfall on St Georges Road

Month	45 yr av.	2018	2019
Jan	63.6	54.6	13.2
Feb	58.4	8.5	25.2
Mar	64.2	35.9	36.0
Apr	78.3	23.0	22.8
May	86.1	98.2	
Jun	80.3	61.0	
Jul	78.6	67.2	
Aug	85.7	69.8	
Sep	90.6	48.8	
Oct	94.3	43.4	
Nov	86.5	124.8	
Dec	80.4	70.4	
Total	947 mm	705.6 mm	

# Rain, rain go away, come again another day

And that's what we got for February, March and April. The total of 84 mm, versus the long term average for the same period of 200.9 mm, is a deficit of 116.9 mm.

Dry, yes it was, but not as dry as the same time last year, where the total was even less at 67.4 mm. The data tells the story perhaps better than our memories, we only had 8.5 mm of rain for all of February last year.

Summer is now gone and the fire risk mitigates, but the gardens and the farms are still thirsty. It will take much rain to counter the dry and penetrate deep into the soil. This is not likely, but we can hope. So rain, please come again.

ANDREW REWELL

## Letters to the editor:

I was staying at
Upper Beaconsfield
for a couple of
weeks with very



dear friends, when I picked up the 'Village Bell' issue 215 and thoroughly enjoyed all the articles.

Congratulations to Harrison Pinney, young citizen of the year. Keep up all your good work and I hope you achieve all your sporting dreams.

'Saving a Life' was also a special read. Being a wildlife shelter operator in the Central Goldfields area of Victoria for around 35 years it is so good to hear wildlife in need are being given the care they need by the finders then the carers. My friends are long time carers also and I have had the opportunity whilst being here of meeting other wildlife carers.

I also encourage all members of the public to record the contact details of your local/regional wildlife shelters and assist sick, injured, displaced and orphaned wildlife you may see or find.

Thank you for a really good read.

BRENDA CHEERS

After being obliged to travel some kilometres to go to the GP, it has been a pleasure to finally have a GP Clinic in Upper Beaconsfield. It has been about 20 years since we had a local clinic. The GP clinic is situated in the village next door to the Upper Beaconsfield Pharmacy.

We have transferred our health records to Dr Puneet Malhotra and Dr Anshu Malhotra, and have been delighted with the service provided. We are fortunate to only have to walk for five minutes to the clinic, but it is within easy reach of most residents. At

present, there is little waiting time, and we will hope this continues.

Treatment is thorough and reports quickly shared.

It was very difficult to leave our previous doctor of many years but the travel had become a nuisance, and we are grateful that we now enjoy the luxury of local GPs.

We were very impressed with the article in the last Village Bell about the GPs, both by their experience and aualifications.

JO CARTER



# Cycling group?

Upper Beaconsfield Peddlers meet every third Sunday of the month for a social bicycle ride mainly on rail trails, shared pathways locally and inner city.

There are choices of a shorter ride of 30 km or longer ride of 50 km and we always stop for refreshments along the way. The only cost is Upper Beaconsfield Community Centre's annual membership of \$10.

Contact Cathy on 0421 556 560 for more information.

**Village Bell support** If you like reading the Village Bell, please help to fund it. All we ask is for households to pay a yearly \$5 support towards producing the Village Bell.

You can pay \$5 at the Community Centre, General Store or Post Office, or pay by internet banking to Upper Beaconsfield Association Inc., Bendigo Bank, BSB 633-000 account number 162 580 112.

Tag your payment with your name so we know who sent it. If you live outside the local area we can mail the Bell to you for \$15 per year. Thank you!

**Village Bell Editorial coordinator** Helen Smith tel 5944 3219 – **Layout** Marianne Rocke – **Photo editor** Cameron Rocke – **Advertising** Helen Smith and Kaylene Cox – **Subscriptions** Julie Born – **Mailing list** Cheryl O'Gallagher

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the voice of the community



# Local crime and safety

Earlier this year, social media drew attention to an apparent crime spike in the local area. A public meeting was convened by a group of concerned residents on 27 February and over 80 people met at the Community Complex. The speakers included local politicians and members of local police and spoke about different aspects of crime and prevention.

As a long-term trend, police said crime was dropping in our area. The spike during January and February involved one or two people performing a string of thefts from cars along single roads. None of the cars in their owners' driveways were locked, and valuables were in clear sight. An arrest had been made. The officers reminded everyone that prevention was the best way to reduce crime. Information on how to do so can be found at www.police.vic.gov. au/home-and-property.

Police encouraged people to ring Crime Stoppers 1800 333 000 if they witness crime, even if no immediate arrest is likely. Identifying patterns of crime and gathering evidence assists police in solving crimes. However, reporting crime casually on social media gives potential offenders information to commit further crimes, and inadvertently reveal people's whereabouts. Police do not scan social media for intelligence.

Many other issues were discussed. Neighbourhood Watch in its old form has petered out over the years, but there is a useful website https://nhw.com.au/ where you can find out information on volunteering and other programs. Closed Facebook groups can warn neighbours of suspicious behaviour but be careful not to exaggerate incidents.

To prevent motor vehicle theft, lock

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your cars and always keep your keys out of view and secure.

The old Safety House scheme no longer operates. Children are advised to walk into the driveway of a house where a car is visible. This may deter a suspicious person from following them.

Police are also looking at setting up a service to support victims of crime.

Police are busy people. If you feel an issue you have reported is not quickly acted on, follow up with them in a reasonable manner (not every 5 minutes). Should the issue be serious, ask to speak to the senior police person.

You have the right to defend yourself from a physical attack if you encounter an intruder on your property. But arming yourself may encourage the intruder to retaliate. You may commit an offence if you chase after an intruder and perpetrate an act of violence upon them.

CAMERON ROCKE

# Community Crime Prevention Interest Group update

The group is comprised of Troy Danns, Melinda Conn, Rachel Joiner, Natalie Grant and Sue Bradley. Since February they have met three times to discuss a grant application to Cardinia Shire to promote public awareness about home and property security, security systems and what to do if an ice or other drug affected person should enter your home or environment.

Helena Maloney was helpful in assisting with the grant application which outlined the following strategies:

- Hold four public awareness meetings to convey the best methods to protect one's household and family from intruders.
- 2. Have Officeworks design and produce fridge magnets and paper flyers outlining the steps to take after a burglary or theft and who to contact
- 3. Deliver to 200–300 households a flyer and fridge magnet for household display.

The submission was emailed and received with acknowledgement from Cardinia Shire grants department. We were advised that many applications had been submitted, and that we would be notified in June about our success or otherwise.

SUE BRADLEY



\$50pp Limited Tickets Available (pre-purchased only) Includes a delicious 3 course meal
Tickets can be purchased from the
UB Community Centre (EFT, Cash & Credit Card) or
online at https://www.trybooking.com/BCTBD

We have some great auction items, including weekend getaways, a designer shoe voucher and accommodation at The Langham Hotel in Melbourne. There are also raffle prizes, lucky door prizes and silent auction items including Shanikas' vouchers, cheese and wine packs, hampers and lots of other goodies.

Buy your tickets early, as seats are limited.

Sorry No Refunds





Please contact Jason's directly for special dietary requirements
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Ph. 03 5944 4710 jasonsrestaurant.com.au

# Bushfires—there's never room for complacency

The two Bunyip fires—as seen to the east from Yackatoon Road

The Black Saturday 2009 Bunyip fire (top). Drought like conditions, 46 degrees, a howling north/north westerly wind (later turning south westerly), smoke and embers blanketing the ground downwind, and a white crown (being the water the fire had boiled out of the vegetation) – a textbook bushfire. Had the Fire Danger Rating 'Code Red' been in existence then, it would have been proclaimed.

The 2019 Bunyip fire (bottom) one hour after ignition. Drought like conditions, started by dry lightning, low atmospheric pressure allowing forceful updraughts to suck the smoke and embers higher into the atmosphere, where an easterly wind stream was present. Much of the blackened leaf litter (even small sticks) immersed in the smoke cloud fell like rain over a broad area of Upper Beaconsfield. Luckily most material was already snuffed out, or there probably would have been spot fires galore. I lost count of the times I heard the term, 'we dodged a bullet that day'.

Initially the Fire Danger Rating was 'Very High', the third lowest, or blue peg on the scale. The winds were not fierce, the maximum temperatures were in the 30s and opposed to the 40s, and the humidity was moderate. Many people would not treat this rating as high risk, or a 'leave early' trigger, but 29 homes were lost, people were evacuated, and 15,430 hectares were burned in the fire. Keeping informed via the Vic Emergency app at all times over the entire fire danger period, annoying as those beeps can be, doesn't seem an overkill if this fire was anything to go by.

CAMERON ROCKE





# Vale Peter Brown

The Upper Beaconsfield's Carols by Candlelight compere for several years, Peter Brown, died on 23 March 2019 from cancer at the age of 72. He is survived by wife, Jan, five children, 12 grandchildren, and eight great grandchildren. Peter Robert Brown was born on 20 July 1946, to Rev. Robert and Mrs Edith Brown, one of four children.

He compered the Carols from 2008, following on in the role from Greg Ross, to Christmas Eve 2016. Accompaniment was provided by Peter McLean (keyboard), and his cousin John McLean (brass), with the backing of Upper Beaconsfield's

community singers. Peter Brown was a lively and talented performer, known appreciatively in some circles for his Elvis impersonations.

Peter's career included roles with the RSPCA, and more recently, bus driving for Simcock's busline, where he reportedly knew the name of every passenger on his school bus run. Many voluntary positions were held by Peter, some jointly with wife, Jan. His faith in God was expressed in caring commitment to family and others. His joyful enthusiasm for living remained a character trait until the end; by holding the principle of never letting his illness define him, many in his wide circle of contacts were unaware of the extent of his health issues prior to his death.

An estimated 480 family and friends attended Peter's funeral at Berwick Church of Christ on 1 April—a tribute to the care and friendship he has expressed to many during his lifetime. Such a vibrant, caring person is greatly missed.

RUTH HAINSWORTH



# Beaconsfield Reservoir update

How to preserve and maintain the Beaconsfield Reservoir—a hidden gem and a valuable public asset—has perplexed the minds of many thus far.

Its constructors, with their horse drays, picks, shovels, would be chuffed that it has survived this long. However, one hundred years on, this heritage structure doesn't stand up to current engineering standards, and along with all the modern development down south, it poses a risk too great to society should the wall fail. A great volume of water at a high flow rate would threaten life, infrastructure and the environment.

### Two options

After much robust public debate, Melbourne Water—who maintains the dam wall and are liable should it fail have good-naturedly presented two compromise plans for re-engineering the wall to meet current standards.

Melbourne Water's preferred option is to reduce the water body to 1/3rd of its current allowed volume, i.e. 94 metres Australian Height Datum (AHD), hence reducing the load on the wall. Partial decommissioning will involve permanently reducing the height of the wall, and will drain out the northern and eastern arms of the current water body, (approx. 13 ha in area). At the base of these arms, smaller walls will be built to allow them to flood in wet times, but they may otherwise periodically dry out like a natural wetland environment. Picnic facilities would be built below the main wall, and new paths would be cut around the smaller main water body. A viewing platform on the main wall, and a bird hide, are also proposed. Cost \$4.4 million.

A second option , a **safety upgrade**, to render the wall allowing a maximum water height of 98 m AHD i.e. 4 m deeper, so it could carry three times as much water as the above option. This option is estimated to cost an additional \$1.8 million. There would also be no

budget for additional paths, picnic areas or other amenities.

### Public meeting

The Beaconsfield Nature Conservation Reserve (BNCR) Friends Group held a public meeting on 16 May to gauge public sentiment. Present were Paul Higgott (BNCR) as chair, members from the Cardinia Environment Coalition (CEC), GWS Anderson Scout Camp, Officer Community Association, Hughendon Road Fireguard Group, and other interested persons—19 people in all.

Although some groups were not opposed to the first option, the overall trend of the meeting steered towards supporting the second 98 m AHD option. To come to this conclusion many topics were discussed.

### Points to consider

- If in future, it was decided that storing more water in the Cardinia Shire was preferable for a number of reasons, it would be more expensive and environmentally challenging to start again, rather than keeping the existing Beaconsfield Reservoir as is. It was contemplated whether future generations may not be sympathetic to our generation, for letting such a wonderful water asset slip away without a struggle?
- In the past, the reservoir land was at risk of being sold off by government, and it took people power and political lobbying to protect it as a conservation reserve. At the meeting, the point was made that it may again, take another political struggle to get the extra \$1.8 million. Melbourne Water may be liable for upgrading the Cardinia and other active water supply reservoirs, so there are a lot of projects competing for their overall maintenance budget.
- Costings of the ongoing maintenance bill for either option would also need to be ascertained. The expanded and rehabilitated wetland option would require vigilant removal of new

- and existing weed encroachments. On option 2, a larger wall would require more ongoing inspection and monitoring by Melbourne Water.
- In terms of hydrology the water collected from the reservoir's catchment is the only water coming in for either option. Any feeds from the Tarago Reservoir are looking less and less likely as the infrastructure to do this is not being maintained. For option 2, attempting to store more water for a release down-stream when needed, carries the risk of evaporation nulling out these extra reserves.
- Fire danger was another concern.
   Although the reservoir is not being entered into the handbooks of bushfire helicopter operators, option 2 increases any likelihood of the water being used for this purpose in extreme circumstances. Decreasing the water volume means there is more vegetation available for a fire to burn, and partly nullifies the firebreak effect of a larger water body.
- In the future management of the reserve, conservation in some sections is more important than mass visitation. The Department of Environment, Land, Water and Planning (DELWP) has responsibility for overseeing the reserve and has certain regulated conservation overlays they must apply to the area and have delegated the CEC to manage the reserve, with the support from the BNCR Friends Group. The Friends Group are skilled at, and offer to build modest facilities, and do any future track work required on a volunteer basis should option 2 go ahead.

### Resolution

At the end of the meeting a vote was taken, and the overwhelming majority voted for option 2 (98 m AHD). The BNCR Friends Group is in the process of drafting a letter to Melbourne Water detailing the determinations of the meeting.

CAMERON ROCKE



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# Community radio 3MDR 97.1fm—your local radio station

Mountain District Radio serves the communities of the Dandenong Ranges and beyond. Established in 1984 after the Ash Wednesday bushfire disaster, 3MDR has been broadcasting for 35 years. The station also has a global audience with the live stream on 3mdr.com.

Mountain District Radio is a vibrant community space and the station has had an exciting 12 months. Relocating

the entire operations to the beautiful Forest Park Homestead in Upwey South in January 2018, 3MDR's staff and volunteers have been busy setting up the broadcasting operations. The new premises have allowed 3MDR to increase opportunities for presenters, live music, community engagement and work experience opportunities.

3MDR has over 110 dedicated volunteers, including over 80 presenters who

contribute to the broadcasting operations on a weekly basis.

3MDR prides itself on the diversity of programming catering for a variety of musical tastes and community interests with the volunteer presenters engaging with local community group members and musicians each week. Music genres include Blues,

Roots, Acoustic, Rockabilly, Folk, Jazz, Pop, Rock, Punk, Hardcore and even Doom Metal. 3MDR also has 8 CALD programs in Romanian, Croatian, Italian, Tamil, Sinhalese, Greek, Samoan and Hindi languages. Check out the full program guide at www.3mdr.com.

The Dandenong Ranges is blessed with a multitude of creative people and 3MDR provides them with the opportunity to showcase their talents

over the airwaves. An average of three live performance sessions are broadcast from Studio 1 each week across several programs, in addition to the many interviews with community members throughout the programming week.

3MDR is funded by listener subscriptions, memberships, local

business sponsors, donations and grants from all levels of government. 3MDR receives annual funding from the



Community Broadcasting Foundation (CBF) to assist with salaries, rent, utilities and licensing costs to name but a few of the expenses 3MDR needs to cover to stay on the airwaves.

The next 12 months will also be busy as the station sets up Studio 2 and the Production Room to expand the operations. A sound engineer training project, Be Heard, is soon to be

launched with funding assistance provided through Yarra Ranges Council. This will help build up the skilled volunteer base and showcase the regions' musical talents with live performances in the studio. It is hope that the station will be able to release a compilation CD featuring the performances as a fundraising initiative.

Several new programs are joining the weekly schedule over coming months and we invite you to check them out.

For more information about Mountain District Radio go to www.3mdr.com or email radio@3mdr.com. We're sure you'll find something to your liking somewhere throughout the programming week.

PHIL RUCK 3MDR STATION MANAGER



The UBA seeks the services of a music coordinator for the 2019 Carols in the Park on 24 December. Please register your interest by contacting UBA secretary Helen Smith on 5944 3219 or helen.r.smith@iinet.net.au

# Elephant Rock what a mess! Do you care?

I have been phoning Cardinia Council for over three years now. Council have had meetings with VicRoads and Melbourne Water, the owners of the land, which have resulted in promises but still nothing has happened.

Council has a great landscape plan and costing for the area but getting any commitment in writing from Melbourne Water and VicRoads seems impossible. If you DO care maybe you too can phone Cardinia Council or email your concern. Let's get the area cleaned up! Email your thoughts to dotty@techinfo.com.au

JENNY PRITCHARD

## Anzac Day 2019

This commemoration continues to attract more residents each year. This year the weather was perfect and the service was splendid. We were pleased to see the smallest members of the Scout movement assisting with honouring the former residents who made the final sacrifice in service of our country. Members of the Scouts contingent, with ages ranging from 5 years to 25 years , placed a cross on the Cenotaph for each of the fallen.

We again watched the flyover during the service.

There was a very good morning tea provided at the RSL clubrooms by Dianne Conn and a group of helpers. Well done Eric Chaplin and your team.

JO CARTER

# Facebook group

Upper Beaconsfield Community invite you to join their new Facebook group.

We are a welcoming, inclusive, family friendly group for anyone interested in Upper Beaconsfield, Guys Hill



Our group aims to provide a positive platform to communicate, network and come together as a community of individuals who support and inspire one another. We encourage local community groups and Facebook pages to join and share their news and events and let members know what they offer.

Tired of the 'noise' on Facebook? We only share material that is relevant to our community and adheres to our values. We encourage members to share information, ask questions, participate in discussions and become an integral part of our community. We believe there is nothing more powerful than when people come together with the common interest of community.

Upper Beaconsfield Community is run by a team of local volunteer admins and is supported by upstanding members of our community and many of our community groups. We invite you to join us by using the link below or searching "Upper Beaconsfield Community" in Facebook. www.facebook.com/groups/ upperbeaconsfieldcommunity/ Look out for the platypus!

# Have you visited the Upper Beac website yet?

- Information about Upper Beaconsfield
- Online archive of every Village Bell published since 1978 at https://upperbeaconsfield.org.au/ village-bell

Please let us know if anything on our website needs updating. Contact UBA secretary helen.r.smith@iinet.net.au

# New community Cardinia Deer Management Coalition

As if we needed it, but the car deer collision on Split Rock Road a few weeks ago is a reminder of the problems of deer in the peri-urban and rural environment. Danger on the roads, damage to private property and gardens, loss of farm income and environmental damage are all part of the results of feral deer in our area. Fortunately, after a brief visit to the local hospital, we believe the driver in this case was able to return home with minimal injuries. The car was not so lucky.

Unfortunately, the number of deer sightings locally are still increasing. This despite a conservative estimate of over 300 deer being culled in our area in the past year alone. In the past month the CDMC has been helping several local landowners in developing relationships with deer controllers, resulting in the commencement of culling deer and other pests on their land. Importantly, some of their neighbours are also now beginning this process.

As a neighbour, you may have legitimate concerns with shooting occurring near your property. Controllers should always endeavour to contact neighbours of a property where culling will take place in order to understand and address issues you may have. If you have any

area, please contact us. If you believe illegal shooting may be occurring, call 000 immediately. We have good relationship with local police, who are keen to help us address this issue.

When culling is occurring on a property near you, you will probably scarcely be aware of it. By the very nature of culling deer, controllers need to be quiet and unobtrusive. Our controllers normally operate between 4pm and 10:30pm, rarely use spotlights and you will only hear one or maybe two shots fired. For further information on deer control and the CDMC, please check our

Website www.cardiniadeer.com Email cardiniadeer@outlook.com

MIKE HALL





# Slow down—from dawn to dusk

Many residents have posted on social media about the wildlife killed or injured on local roads.

Recently an Upper Beac resident unfortunately struck a wombat and immediately called Sarah Cooke from WISH - Wildlife Incident Safe Haven for help, as she wasn't sure if it was alive or dead. When Sarah got there, it was a female with a little pink baby in her pouch. She cut the baby out and checked it, finding it was "viable" but very bruised.

The 143 g baby wombat was rescued and taken to a loving wildlife carer who specialises in "pinky" wombats. Hopefully she has survived, due to the prompt action of the resident and the hard-working wildlife carers.

There are several wildlife carers in the area, and they are called out at all hours of the day and night to deal with the carnage. Unfortunately, some people do not stop and check the animals, which then suffer dreadfully. Please support the carers by reducing your speed when driving around the hills. You can also provide financial support to the Wildlife Incident Safe

Haven, details below.

The problem is worsening as more traffic comes through Upper Beaconsfield morning and night to Wellington Road, to avoid the Monash Freeway. Salisbury, Albers, Manestar, and Boundary Roads are where most incidents occur. Colliding with large animals like kangaroos and deer causes severe damage to cars and potential injury to drivers as well. These animals are more active at night and come to feed at roadsides where there is more grass due to runoff.

### **Further information**

Facebook page at WISH - Wildlife Incident Safe Haven.
Mobile 0402 393 667.

Support this group by donating money to fund rescue resources, milk formulas for different species, bird foods, solid foods for wombats and roos, washing liquid for both dishwasher and washing machine and more.

Wildlife Victoria https://www.wildlifevictoria.org.au 03 8400 7300 (not available after hours).

HELEN SMITH





1 Halford Street Open Fridays 9 am-4 pm 0407 304 061

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# **Upper Beaconsfield Conservation Group**

### Throwing out the baby with the bath water

Environmentally we are at a perilous turning point throughout the world, Australia and locally, here in Upper Beaconsfield.

Scientists estimate that the rapid loss of species we are seeing today is between 1,000 and 10,000 times higher than the *natural extinction rate*.\* This is often referred to as the 6th extinction crisis, after the 5 previous known extinction waves in geological history, one of which saw the demise of the dinosaurs.

Insects, in particular, face a rate of extinction eight times faster than that of mammals, birds and reptiles, with more than 40% of insect species declining and a third endangered. That's one in three species.

Australia has the highest vertebrate extinction rate in the world. In NSW, koalas could be extinct in the wild by 2050 due to land clearing, dog attack and road kills according to one expert.

Australia has the dubious honour of witnessing the first known extinction of a species as a direct result of global heating, the Bramble Kay melomys, whose island home was submerged under rising sea levels. Despite having two separate rescue plans for the melomys, the government failed to initiate them in time.

# We have a lot to lose, and we are losing a lot

A couple of months ago, Cardinia Council initiated a discussion in Upper Beaconsfield on Fuel Management in relation to bushfire risk and several meetings have been held since. These have been attended by various local interest groups, along with experts from CFA, Emergency Management Victoria, DELWP and council. The aim of these discussions is to find ways of making our community safer.

One of the most common responses to this problem is that we should do more prescribed burns and be allowed to clear more bush and trees on our land. Perfectly understandable.

However, prescribed burns have several problems. They are expensive to conduct, even when done using mainly CFA volunteers. There is a limited time frame when they can safely be conducted and this time frame is constricted ever more by the effects of global heating. In order to be effective in the long term, they need to be done every 5 - 10 years depending on the nature of the local habitat, which is almost impossible to achieve. In our area, 90% of the land is private property, much of which may be unavailable or unsuitable for prescribed burning. Although regular burns can sometimes be a boon to the diversity of local species, some of which rely on fire for germination, even when conducted carefully, they are likely to change the nature of the local ecosystem.

Sounds complicated? You bet. As for clearing more bush and trees; that always changes the nature of the habitat. As long term residents of Upper Beaconsfield can attest, the diversity of bird species in the area has plummeted over the years in parallel with the serious amount of clearing which has been conducted in the past two decades.

What does this all mean? Most of us have moved to Upper Beaconsfield because of the community feel and the beauty of our surrounding environment. Not just the trees but all the wildlife that goes with it. It would be unfortunate if we were to destroy that environment just to feel safe within it.

The decision on how we are best to protect ourselves from the threat of a future bushfire, and that eventuality is unfortunately almost a certainty, is multifaceted, complicated and conflicting. It should not and can not just rely on increased burning and clearing, but more on how we plan our suburbs, how we take personal responsibility for how we live within our environment, build our houses and prepare them and the decisions we make around personal safety for high danger days.

Our environment should not bear the brunt of protecting us. Sure, there will be a need for planned burns and for clearing, but these should be well targeted and not overly aggressive. At the end of the day, you have to ask yourself, why do we like living here? In the face of the sixth extinction crisis, if we can't protect our own environment in our beautiful little area of the world, can we be upset when other people don't protect their local areas? Think global; act local.

Let's not throw the baby out with the bath water.

If you wish to join the Upper Beaconsfield Conservation Group, would like to know more about us or are interested in helping us in our working bees, please contact Fergus at fergusogallagher@bigpond.com

MIKE HALL



# Killer of trees

English ivy, Hedera helix is an invasive weed and left unchecked will climb into the canopy of any nearby trees. Young or small trees can fall over from its weight. However, this is not the primary mechanism by which ivy kills larger trees—it is by girdling (strangling) and by water and nutrient competition.

Ivy grows in a dense mat on the trunks and around the base of trees, creating a build-up of organic matter that creates a habitat for bark damaging organisms. As the ivy wraps tightly around the base of the tree it constricts the tree as it grows, cutting into the phloem (living tissue that transports nutrients) eventually killing the tree.

Ivy can live for hundreds of years. Birds and foxes can spread its fruit for kilometres. In its mature form dense ivy can destroy the habitat for native wildlife and creates large sections of solid ivy where no other plants can develop. Please be a good neighbour and save the trees!

Sue Simmons Green Circle Plant Nursery

<sup>\*</sup> Experts actually call this natural extinction rate the background extinction rate. This simply means the rate of species extinctions that would occur if we humans were not around.

# Upper Beaconsfield Fire Brigade



# **Bunyip State Park Fire**

Our brigade, along with many others, assisted with the Bunyip State Park fire in March. It was one of the most intense and lengthy fires that many of us have experienced. Started by multiple dry lightning strikes it burnt a staggering 15,430 hectares (38,128 acres). Our brigade attended for 10 days straight, sometimes doubling up night and day with 12-hour shifts. It was hot and dry, it was tiring, it was exciting and exhilarating, it was hectic at times and it was also physically and emotionally draining.

Our sympathy goes out to the residents of the 29 homes that were destroyed but we were thankful there were no serious injuries or loss of human life.

At one stage there were over 25 strike teams deployed (that's 625+ fire fighters). Hundreds of support crew and emergency services workers gathered at the Nar Nar Goon Recreation Reserve staging area, including DEWLP, Victoria Police, Ambulance Victoria, SES, Shire Council, electricity and water authorities. The logistical planning and organising of such a large-scale event is truly impressive. We really appreciate the support behind the scenes, too. Fire fighters were well looked after with plentiful food and water along with rehab and health monitoring.

The well wishes from the community were truly gratifying. We received some beautiful letters from the local primary school, which we have retained with pride and placed in a display album. Thanks also to our families who supported us, along with our employers who allowed us to assist in a time of need.

After the fire, two of our brigade members (pictured below) also volunteered their time to help out the Blaze Aid organisation with the rebuilding of rural fencing to assist the landowners with getting their properties and livelihoods back to some sense of normality. Well done Steve and Tracey Limb.

### **Fire Restrictions**

Restrictions were lifted on 1 May. It is important to check the Cardinia Shire website for rules about open air burning and log your burn with the Emergency Services Telecommunications Authority ESTA on 1800 668 511. This may prevent an embarrassing number of fire trucks turning up at your place.

Please remember we still have very dry conditions and ensure you never leave a burn pile unattended or without water close by. If your burn gets out of your control, please do not hesitate to call 000 and the fire brigade will be paged to come and assist.



### Wood Heater Checks

Wood heaters are a wonderful source of heat and comfort, but if not maintained and serviced correctly they can be very dangerous! Please ensure your flue and cap is cleaned at least once per year. Creosote build up and debris can prevent a chimney working efficiently and may lead to fires occurring in places you don't want them

### Vale Elaine MacGowan

We were saddened to hear of the passing of Elaine MacGowan. Elaine was the wife of former brigade captain Graeme MacGowan. She was a keen contributor to the Upper Beaconsfield community and a long-standing member of the UB Tennis Club. Elaine had suffered ill health over recent years and passed away peacefully on Saturday 13 April. Our sympathies are with Graeme and the family.

### **Property Advice Visiting Service**

Did you know our brigade has over 15 members qualified to conduct a free Property Advice Visiting Service (PAVS). This service focuses on risk and preparation for homes located less than 150 metres from the bush, which are deemed to be of 'extreme' or 'very high' fire risk. The majority of Upper Beaconsfield falls into this category.

The service ensures residents understand the level of risk where



they live and encourages them to plan ahead according to the weather. A checklist provides an assessment of the property and bushfire safety tips and advice that cover both people and property. If you would like to book a free PAVS please call the Upper Beaconsfield Fire Brigade on 5944 3303 and leave a message with a return phone number, or make an enquiry via our Facebook page.

# **Brigade Elections**

On 10 April we held our biennial brigade elections. Commencing 1 July the new roles are:

Captain Ian Pinney
1st Lieutenant Andrew Lloyd
2nd Lieutenant Emma Vulin
3rd Lieutenant Stephen Limb
4th Lieutenant Dustin Hesse
Secretary Adrian Kerr

Communications

Officer Annaliese Bristol

Community

Safety Coordinator Emma Vulin Treasurer Joe Dascoli

We thank our outgoing officer bearers Tony Middleditch, Camilla Graves and Judy Irwin for their commitment over the past years. Judy held the position of Treasurer for the past 27 years!

# Looking for new recruits!

Now is the best time to join the CFA so we can have you trained up for next summer. We are currently looking for

either 'operational' firefighters or 'nonoperational' members who assist in many other ways.

Non-operational members undertake numerous tasks and roles—PAVS, community education, fundraising, IT, gardening—the choice is yours.

Operational members start with an informal visit to meet the captain and/ or the brigade management team. This is followed with a few training sessions to see if the brigade is the right fit for you. After completing membership paperwork you will be enrolled in a CFA Wildfire Firefighter new recruit course that is usually run locally (Pakenham) over a couple of weekends. With some more local brigade training and education, protective equipment, and a support network both within the brigade and beyond, you will be trained up and serving your community in no time

A common misconception is you need to be super fit or be able to run a marathon to be a fire fighter. Whilst there can sometimes be a level of physical activity involved in active fire fighting, I can assure you we can't all run marathons!

Please contact Ian Pinney on 0409 815 567 or email ian.pinney@members.cfa. vic.gov.au to find out more.

Stay safe and warm this winter

IAN PINNEY





Cardi Creek Kids is a fun, educational community group open to any child who wants to get their hands dirty and learn about their local environment. Three year membership \$15 per family. Aimed at children aged 6–12 years

## School Holiday Fun!

29 June, 1 July, 5 July, 6 July

Design a wild garden. Learn about making your garden a haven for wildlife. 9–11 am each day at Beaconsfield. Take home a free plant and an insect hotel.

Contact Isabel iebsworth26@gmail. com or follow us on facebook @cardicreekkids







# PROTECT YOUR FAMILY BY HAVING YOUR CHIMNEY OR FLUE CLEANED THIS WINTER

PLEASE CALL FOR A BOOKING

1300 651 631



"A clean chimney is a safer chimney, safer for you and the environment too."

www.chimneysweeps.com.au

Sweeping Victoria!



# Kinder— play and learning go hand in hand

At the beginning of the kindergarten year all kindergarten families were asked to write one word that came to mind when thinking about what we hoped kindergarten would provide for our children. These are now on display in the four year old kindergarten foyer. They show words such as friendship, play, fun, learning and creativity. These beautiful words are so important, and our local children experience all of these, and so much more, every single day they attend our kindergartens.

The best learning happens when we don't realise that we are learning but are simply having fun. This is apparent in our kinder children. They have been lucky enough this term to have had some fantastic incursions, and while they were buzzing around the kinder room, "shopping for pollen and nectar" they were unaware of how much they were learning about the importance of bees! The families were very aware as we heard all about it over dinner that night, "you know mum, we wouldn't have any tomato if we didn't have bees". This learning happens constantly as they dig big trenches in the huge sandpit, sail the seven seas on our pirate ships, and build sky scrapers with blocks. It's amazing to watch.

In recent months we have focussed on the importance of loved ones and family. The children's faces light up when they have mum, dad, nana, pop, or any other special person join them at kinder for duty or on our special occasions like ladies' night and family week. Also special are the adults' faces as they see firsthand the effort their child has put into making something special to give or show to them, or as they watch them demonstrate their learning respect for each other, animals and our environment through a special song or dance. The kindergarten years are special, and we are thankful that our kinder recognises this and encourages us to embrace it.

LEAH HENZEN

# **Upper Beac Early Learning Centre**

We had a fun filled start to the year here at Upper Beaconsfield Early Learning Centre and we have lots more exciting things to come.

The children have been exploring their interests in dinosaurs, road safety, construction, healthy eating, volcanos, gardening and painting. The children have been enjoying outdoor play which has involved riding bikes, digging in the sandpit, planting in our garden beds,



water play, group games and much more.

Children at the ELC develop a sense of belonging and build on their own social experiences to build



UBC Early Learning Centre

friendships and have fun in their own setting. We pride ourselves on the multi age program as this allows siblings to be together and allows children to take on leadership roles.

We have vacancies available for full or half days so come in for a free orientation session with our friendly team of educators and see how wonderful the centre is for you and your children.

Contact the ELC at the Community Centre on 5944 3484, email us on elc@ubcc.org.au or visit us. More information can be found on our website www.ubcc.org.au

ELLI HEATH, DIRECTOR

# Promoting learning through play!

Keep your littlies busy and active while indoors this winter with some Toy Library puzzles, games, playsets and indoor play items like our wigwam, hobby horses, walkers, rocker saucer, stepping stones, maze balancing board and hide and seek pop up tunnel. If you have the space borrow a ride-on, roller coaster, maybe a bouncy castle. Favourites like dress ups, Gator golf, ten pin bowling and musical instruments are available. We have DVDs too.

# Stay & Play

For a change of scenery visit the toy library for a Stay & Play. We're open Thursdays during school terms between 11 am and midday. Drop in for a chat and a hot drink, maybe meet other parents and grandparents while your little one tries out toys before you borrow. We'd love to see you!

### Toys for sale

We are making room for some larger and newer toys, so others must go. These toys still have a lot of play left in

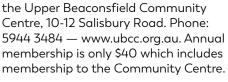


them, check them out during one of our sessions. To view what's for sale, go to our https://ubtl.mibase.com.au website

or visit our Facebook page for more details.

# Where are we?

We're located in the Community room at



**Great gift idea** – access to over 500 toys. New toys to choose weekly.

### Volunteer help needed

- Do you enjoy working with families and toys?
- Have an hour or more to spare weekly or fortnightly
- Able to assist with toy library duties during 11 am to 12 noon Thursdays (during school terms)
- Volunteer some occasional time to maintain and process toys either at home or at toy library
- Or maybe be part of our Facebook administration team

If this sounds like you, we look forward to hearing from you. Email: upperbeac. toylibrary@yahoo.com.au

MARIE ROGERS

# What's on at the Community Centre?

### Grab a program

Have you picked up your copy our Centre Program this term? They're now available from the Community Centre or at one many of our UB local businesses. Our current workshops and courses are also available to view online at www.ubcc.org.au or if you would like us to email or send a copy please email your details to bookings@ubcc.org.au

## A variety of courses

We have a great range of courses available this term. Not to worry if your course has already started you can join most of them at any time within the term.

Perhaps a fitness workshop may tempt you—Walking Group (free), Strength and Circuit training, Yoga with Natasha, Pilates, Laughter Yoga, Kickboxing or the adult Dance class! Why not join Tribal Belly Dancing with Caroline! A great way to keep fit suitable for any age. Just wear comfortable clothing and bring your sense of adventure. Casuals welcome.

The Boomerang Bag ladies are back

making more bags to stock our local outlets why not grab one today and support this fabulous cause. They're now available from Foodworks, Up the Hill Bakery and from the Community

Are you getting married? We have you covered with Event Management, Public Speaking and Let's Dance.

The RTO are running several FREE small business workshops throughout May to October— Record Keeping, Payroll, Employee Essentials and GST management.

Upper Beaconsfield Community Centre

### Accredited courses

Our next First Aid Course will be running on Monday 24 June. Book now with Cathy on 5944 3484 or email bookings@ubcc.org.au

> DARLENE STILLWELL, PROGRAM COORDINATOR



# Why get immunised against the flu (also called influenza)?

The flu is a very contagious infection of the airways. It is especially serious for babies, people over 65 years old and pregnant women. In some cases it can even result in death. By getting vaccinated against the flu, you can also help protect other people, especially people who are too sick or too young to be vaccinated. The more people who are vaccinated in your community, the less likely the disease will spread.

### Who should get immunised against the flu?

It is recommended for anyone above six months of age and should be administered every year. This is because the most common strains of the virus that cause the flu change every

### When is the best time to get the flu vaccine?

Most people will develop immunity within two to three weeks of vaccination. Experts have advised there is recent evidence suggesting that protection following influenza vaccination may begin to wane. As influenza usually occurs from June, with the peak around August, vaccinating from mid-April 2019 will allow people to develop immunity before influenza transmission is at its peak. You can also speak to your doctor for advice on the best time to receive your vaccine, based on your individual circumstances.





### Dr Anshu Malhotra

MRCGP (UK, 2008), FRACGP, DFSRH, DRCOG **GP** Principal

### **Dr Puneet Malhotra**

MRCGP (UK, 2010), FRACGP, DFSRH, DRCOG, PG Dip HCL **GP** Principal

# Opening hours:

Mon, Wed-Fri 8 am - 5 pm Tues 8 am – 7 pm 9 am - 2 pm Sat



51 Beaconsfield-Emerald Rd Upper Beaconsfield, Vic 3808



Ph: (03) 9044 0750 Fax: (03) 9111 8502

# Men's Shedders—shoulder to shoulder

As the Upper Beaconsfield Men's Shed enters our ninth year of operation, we are mindful of our primary purpose to provide a venue that is accessible to men of all ages in a setting for them to enjoy each other's company. Our members come from within our local area and increasingly outside the area as they move "down the hill" but retain their links with the Shed.

A successful Pancake Tuesday was run in the Tommy Griffin Park by Ron van Vliet with support from our members. Many attending the family friendly event welcomed the return of a muchloved tradition after a long absence. Notable among the crowd were Tommy's family who enthusiastically supported the gathering. See page 2.

Our March AGM was held with Ron Kerpen returning as President, Peter Simmons Vice President, Noel Ling Secretary, and Ron Stevens Treasurer. We have a strong and active committee of eight and are well into planning our activities and projects for the coming year.

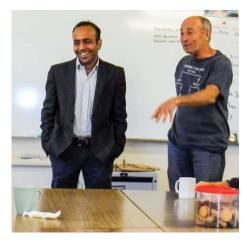
Through local resident Gavin Weidemann and Horizon Global P/L, a heavy-duty drill press was donated to our metalworking workshop. Restoration and accessorising are required to bring it to tip top condition,

but that's half the fun. Thanks to Gavin who did the lion's share of organising and transporting the machinery, making it simplicity itself to unload in the new Shed home.

We constructed two wooden stands to display Boomerang Bags in local stores made by the ladies at the Community Centre. New tools and techniques were used to make a professional quality product. Please support the Boomerang Bag initiative as an alternative to plastic bags when shopping. The bags are currently available at Foodworks.

Restoration of the Charing Cross signs is being investigated by members. One sign at a time will be restored to original condition over a period of several weeks.

Shortly after opening the new Upper Beaconsfield GP Practice next to the Pharmacy, Dr Puneet Malhotra joined us for a session to discuss medical issues



and answer questions about men's health. His comments and suggestions were well received. The Shed also played host to visits from La Trobe candidates Jason Wood MP and his opponent Simon Curtis on successive weeks. A wide variety of election issues were thoughtfully discussed by both speakers and we thank them for taking the time to visit us.

A new desktop computer and monitors will be purchased soon through funding support of the Be Connected program. This is an Australian Government program aimed at increasing the confidence, skills and online safety of older Australians when they use the internet.

The Shed also received an Australian Government Volunteer Grant to assist the members in a variety of ways.

Our submission covered computer equipment, first aid and safety, heating

and cooling, office equipment and kitchen



appliances. A morning tea reception was held in the offices of Jason Wood to congratulate the grant recipients who represented many volunteer groups in the area.

Showing remarkable woodworking skills for an accountant, Andre proudly displayed his fully functioning pendulum clock to the amazement of members. Constructed entirely of wood, aside from the carbon fibre pendulum rod, it is a beautiful work of art that anyone would be proud to own. The plans were sourced from the internet and the quality of work is astounding, taking an estimated 200 hours to complete. Andre is already planning to build another clock as well as a variety of musical instruments.

Our annual tool sharpening day with BBQ refreshments will be held in the coming months. Wood raffles at the General Store are being planned for June, July and August, in coordination with other community groups and with



the endorsement of Mark and Gail. All activities will be advertised on social media through our Facebook page and notice boards.

In the last Village Bell, we reported the design and construction of bench seats for the Pony Club Arena. The Pony Club was very happy with the result and commissioned and erected a sign on the seat acknowledging the Men's Shed. Unfortunately, some lowlife(s) decided to rip it off and remove it. The Shed will try to replace the sign, but it is sad that there are some people who do not respect the efforts and property of others.

### New members welcome

We are located at the rear of the Community Complex with entry from Halford Street. We are open on Tuesday, Wednesday and Thursday from 9–4. On Wednesday mornings we have a meeting of all members. Share a coffee and biscuit and a yarn with us and find out more about the Shed. For more information contact:

- Noel Ling, 0414 443 735, or email secubms@gmail.com
- www.facebook.com/
- UpperBeaconsfieldMensShed/
- https://sites.google.com/site/ upperbeaconsfieldmensshed/

PETER SIMMONS



From Village Bell Issue 49—April 1986

## **PANCAKE TUESDAY**

Pancake Tuesday was celebrated last month in the Grant Court park in memory of the late Tommy Griffin. Tommy initiated the Pancake Tuesday evening the year after the Ash Wednesday fires. It was so popular that Tommy intended to make it an annual event. The success of this year's evening proved how much Tommy was thought of in the community. The evening could not have been possible without the help of the Rotary Club. A special thanks to Eric Chaplin for all his efforts. Thanks also to Cliff Webb bakeries, Brian Pockett butchers, the

Fire Brigade, the school ladies for their mixing, Snowy Lang, Herb Schroeder and all who donated prizes and their help.

Masthead by Tor Holth, issue 37

### Pancake Recipe 1986

Mixture to make two butcher's tubs:

9½ dozen eggs (6 litres)

3 kg sugar

50 lb plain flour

10 lb light ratio flour

1.5 kg baking powder

31 litres milk

salt and colour

DOT POCKETT

# Iron Deficiency is not always dietary

Iron is an essential mineral for a healthy body. It is used to make haemoglobin, which carries oxygen around the body in red blood cells and myoglobin which delivers oxygen to muscles. It is also important for the healthy growth of hair, skin and nails.

Iron deficiency is one of the most common nutritional deficiencies in Australia and remains one of the most underdiagnosed conditions in primary care.

There are many causes of iron deficiency. Commonest being heavy periods; low iron diet; conditions causing poor absorption of iron from gut – e.g. coeliac disease, stomach ulcers and colitis; and conditions causing iron loss, e.g. piles. Certain chronic conditions such as Thalassaemia minor can cause also iron deficiency anaemia.

There are also some sinister causes such as cancers of bowel and stomach. Therefore, the cause of iron deficiency should be clearly established, and any underlying cause should be corrected to

prevent any further iron loss.

Symptoms of iron deficiency can vary a lot, and be vague such as: tiredness, fatigue and poor stamina, poor concentration, memory problems and headache; hair loss, brittle nails and change in shapes of nails; soreness at corners of the mouth, sore tongue; and poor healing. Severe cases may cause heart failure. Poor growth may occur in infants. In pregnancy it can lead to a low birth weight baby, pre-term delivery, postnatal depression and anaemia in the newborn baby. Restless legs syndrome, and Pica—craving of substances like clay, chalk, soil, coal, etc. can also be symptoms of iron deficiency.

Good dietary sources of iron are meat, liver, green vegetables, lentils, whole rice, apricots, hazelnuts. Vitamin C helps to absorb iron from the gut and hence taking some sort of vitamin C with iron tablets results in better iron replacement. Milk interferes with absorption of iron and hence should be avoided during mealtimes. However,

lactobacillus in yoghurt may aid in absorption of iron.

In people intolerant to oral iron supplements or with severe iron deficiency, iron infusion can be done. We at Upper Beaconsfield GP Practice have got the required skills and facilities to administer iron infusion safely in our practice.

If tiredness and poor concentration (common symptoms of our stressful lives) are experienced in someone beyond a couple of weeks, it could raise the question of iron deficiency. Also, if you have had one or more of the symptoms listed above for more than a few weeks, then you should see your GP. It is important to find the cause of iron deficiency. It may be obvious in some people, in which case no further tests may be needed. However, it may be a sign of some underlying medical problem and your GP may advise further tests to rule them out.

DR ANSHU MALHOTRA
DR PUNEET MALHOTRA

# Not just a school, but part of our community

On Thursday 25 April, our school attended the local ANZAC ceremony. It was wonderful to see over 40 children representing BUPS, from Preps to Year 6. All the students were exceptional in their behaviour and seemed to instinctively understand the significance of this event. The Junior School councillors made the special wreath of felt poppies, and this was place at the cenotaph by our wonderful school captains. We also acknowledged our appreciation for the service men and women by walking in single file and placing a single sprig of rosemary for every BUPS child in attendance.

VICKI MILES, PRINCIPAL

and want to not only raise awareness but also promote positive discussions within the community. We look forward to holding more events throughout the year.

# Human powered vehicles

Human powered vehicles are three wheeled recumbent bikes that are raced competitively.

BUPS has been involved in HPV events since 1994. We race throughout the year at events at Wonthaggi, Bendigo, Casey Fields, Kilsyth and Maryborough.

Some races are six-hour endurance events with eight children in a team, racing against other primary aged children.

scrutineering regulations.
There may be as many as 200 carts on the track in one event!



Children may be racing at the same time as secondary school teams and community teams as well as hybrid vehicles.

Students train twice a week, both on their bikes and in the carts, outside



of school hours from February to November in order to maintain their fitness and be competitive. They rebuild the bodies of the carts with corflute, cable ties and perspex. Students and their families take part in many fundraising activities in order to supplement the budget from the school.

### Harmony Day

Harmony Day was a great time for BUPS to reflect on how lucky we are to live in such a wonderful community. As a whole school, we learnt about what diversity means and how we can apply this to our families, our school and our community. We used the motto—One Community, many different stories. Everyone enjoyed adding to the banner we proudly put on the fence, displaying our harmony messages to the world.

KELLY BALTISSEN



# National Day of Action Against Bullying

Bullying is an ongoing and deliberate misuse of power in relationships through repeated verbal, physical and/or social behaviour that intends to cause physical, social and/or psychological harm.

Recently it was the National Day of Action Against Bullying and Violence. As a school we held a community lunch which was a great success. The wellbeing team would like to thank all parents and members of our community who attended.

We were lucky enough to have Ben from AVISO Media bring along a drone to take some footage of the day as well as other media which we can't wait to share. Students spelt out the words No Way to signify our community's intention to eliminate bullying.

As a school we are committed to this

Other events involve camping with hundreds or thousands of other children and parents for 4–5 days, racing up to 24 hours non-stop, obstacle courses, time trials, display and presentations and passing strict





# No progress on bus policy yet

In the last Village Bell I wrote about an issue raised by parents in Upper Beaconsfield regarding their child's ineligibility for the conveyance allowance. Despite being the required 4.8 km away from Berwick College, the closest state school in the area, students have remained ineligible for the free bus travel due to the school being inside the metropolitan boundary.

After parents and I had written to the Minister for Education James Merlino to ask the Government of Victoria to change their current policy, the minister responded stating that there is no change and students will continue to be ineligible due to the college remaining within the metropolitan boundary.

Following the minister's response, I raised the matter in parliament asking the minister to review the policy and that eligibility for the allowance to be dependent on the location of the

student, not the school. Despite the minister having 30 days to respond to my adjournment in parliament he has not responded and is now overdue. I want to assure parents that at the next parliament sitting week at the end of May, I will be raising a point of order asking him to respond promptly. I am also meeting shortly with the Principal of Berwick College Kerri Bolch to discuss the matter further and see how we could assist changing the government's current policy.

Children of Upper Beaconsfield should not be disadvantaged for attending their closest state school. I hope by the next edition I will have some positive news for the community on the matter.

BRAD BATTIN MP LIBERAL STATE MEMBER FOR GEMBROOK

# Upper Beaconsfield Community Hall



Family functions, club fundraisers

Bookings **5944 3219** 



Karenne Gregory
Reg: Kinect KA19531
E: karenne@sshf.com.au
A: 5 Young St,
Upper Beaconsfield
M: 0418 303 843

Boutique Gym in Upper Beaconsfield Ladies over 40 Get Your Body Back

Specialising in complete Personal Training for Menopause Nutrition plans to regain energy and aid fat loss Small groups of 4 maximum Can't get to me?? Try ONLINE COACHING!!

"get back the body you used to love"
for your FREE consult ring or Facebook PM







# St John's corner

This is my first ever article in the Village Bell and it is with joy that I say I have loved getting to know this community. Thank you so much for welcoming me so nicely! I have been at St John's for three months now, and this community delights me every time I drive into it. The commitment and community feel from those I meet is wonderful!

It has been a busy few months at St John's and for me the highlights were the Easter services. We loved getting into the primary school and making some noise, jumping up and down and in general having a great time, singing and playing together in our annual Easter service there. Beaconsfield Upper is an excellent school and we were excited to see it in action! Well done to all who are involved there, keep up the great work!

St John's celebrated Easter in style! We enjoyed a wonderful time joining in several services where we recounted the final steps of Jesus' life. From his last meal with his friends (the Last Supper) where he used his hands to wash the feet of the disciples in an ultimate show of humility and servanthood, to his time in the garden praying just before he was arrested. We joined together on Good Friday and then celebrated his power over death on Sunday morning!

This Easter has caused me to stop and rethink the point of it all. What is the meaning of life? It is a big question, and one that I have spent a lot of time thinking about. Is it just to be nice? Or good? Or just to be the best you can? If you have ever asked the question, if you have any question of faith that you want some help working through, then I encourage you to join us any Sunday at 9.30 am. We are here to walk with everyone, help where we can and support our community!

Thank you and looking forward to seeing you.

REV SHANNON LEE. PRIEST IN CHARGE

# What's happening in Ranges Ward?

## **Fuel Management Project**

Council is working with the Upper Beaconsfield community to develop practical and sustainable community actions to reduce bush fire risks through fuel management. Since the commencement of the project in January 2019 several key actions have occurred including the establishment of a Community Project Committee, the Upper Beaconsfield Community Fuel Management Information Day, and community engagement and ideas generation.

Three community projects have now been identified as priorities:

- Increased community/fire guard groups
- Fuel management zoning and actions guide
- 3. Open air burning advocacy
  It is hoped that in the future this
  community-led project can be
  replicated in other townships. For
  further information please contact
  Cardinia Shire Council on 1300 787 624.

# Robbie Irving—Stan Henwood Award nominee

Upper Beaconsfield's Robert Irving (better known as Robbie) has been nominated for Cardinia Shire Council's Stan Henwood Award 2019. The award recognises lifetime achievement in volunteering for the Cardinia Community. Robbie has been an active member of the Upper Beaconsfield Fire Brigade since 1982 and he took part in fighting the Ash Wednesday Fires as a teenager, early in his firefighting career.

Robbie has mentored many in the brigade along with members of the 16 brigades of the Cardinia Group CFA. Robbie has shown great leadership and knowledge about all aspects of firefighting, particularly fuel reduction burns. In 2018 Robbie was elected to be a deputy group officer for Cardinia, including his roles as burn controller, strike team leader and sector commander. Congratulations Robbie on the nomination. Thanks for your amazing service to our community.

### 'Allsorts' for all kids

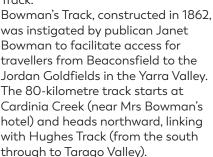
Our Youth Services team is running a FREE program at the Upper Beaconsfield Community Centre on Thursdays 3.30–5 pm (until 20 June) aimed at engaging local 12 to 17-year-olds. The 'Allsorts' program offers activities including cooking, arts and crafts, and experiments. For more information, contact My Place Youth Facility on 1800 496 884.

# Drive safe for you and our wildlife

Following several requests, Council's traffic engineers are currently reviewing wildlife warning signage on major collector roads in the area. It's anticipated some of these major collector roads, such as Manestar Road and Salisbury Road, will be provided with additional wildlife warning signs to alert motorists of the possible presence of wildlife on roads. Please remember to drive safely on our local roads.

### Bowman's Track—follow the signs

Council has worked with the Beaconsfield Progress Association to redesign and install new and improved signage for Bowman's Track.



CARDINIA

The installation of an interpretive sign at the start of the track (O'Neil Road and Janet Bowman Boulevard) is complemented by 23 new wayfinding signs to assist navigation along the route.

A copy of the Bowman's Track interpretation sign, including track route, can be found on Council's website at: https://www.cardinia.vic.gov.au/directory\_record/3825/bowmans\_track

# Upgrades to the BMX track

As part of Council's BMX renewal program, the Upper Beaconsfield BMX track will receive minor upgrades to the track, curves and jumps. Works commenced in May.

### What's on in Cardinia Shire?

For a list of the latest community events around our shire, head to our online events calendar at www.cardinia. vic.gov.au/whatson

COUNCILLOR BRETT OWEN
RANGES WARD, CARDINIA SHIRE COUNCIL

# Upper Beaconsfield Fuel Management Project

On Sunday 31 March Cardinia Shire Council hosted a fuel management information day at the Upper Beaconsfield Community Complex. The event was facilitated by Stewart Matulis, Cardinia Shire Council Emergency Management Officer.

Prior to this day Stewart had met with many local groups and residents over several months early in the year. The first meeting of the Upper Beaconsfield Fuel Management Project team was held on 14 February at the Upper Beaconsfield Fire Station. This meeting was well attended with 15 community and five agency representatives in attendance. Council also took part in

the Village Festival. Residents were encouraged to provide their ideas about the project on the Council 'our say' page. Visit this page to see the feedback received.

Thirty-seven residents attended the 31 March event. It aimed to provide residents and fuel management project members with expert information about fuel management strategies, the bushfire risk of Upper Beaconsfield and the effect fuel management could have on these risks.

Speakers and the agencies represented

 Phoenix Fire Modelling for Upper Beaconsfield—Michael Storey, Risk Analyst DELWP (Department of Environment Land Water Planning). He provided residents with a data driven representation of how a fire may behave and where fuel management may provide the greatest benefit.

- CFA support for private landowners—Jude Kennedy, Manager Community Safety CFA. This session provided residents with information about what the CFA can do to support landowners and information about 10/30 and 10/50 planning rules.
- 3. Bushfire fuel management guide— Theo Pykoulas and Veronica Foster EMV (Emergency Management

Victoria). They provided information about private land zoning which can be actioned to provide risk reduction to the community.

4. Roadside management—
Cardinia Shire Council. Roles and responsibilities of council and residents about roadsides.

Residents were also given an opportunity to provide feedback on fuel management strategies.

Cardinia Shire Council and the project committee would like to thank the presenters who took part as well as the Upper Beaconsfield Community Centre for hosting the event.

The Upper Beaconsfield Fuel Management Project is one of the pilot community first projects in the Safety Together program, aiming to help the government understand the community wants and needs about bushfire management https://www.safertogether.vic.gov.au/community-first

STEWART MATULIS

The Upper Beaconsfield Fuel Management Project is expected to be launched on Wednesday 3 July at the Community Complex.

# Junior cricket teams taste success

# Upper Beaconsfield Blues take all at WGCA junior presentation

A packed Devon Meadows Cricket Clubroom saluted our U12 premiership team as they received their premiership pennant as well as the perpetual shield which had at least two other Upper Beaconsfield U12 teams previously listed on its winners from the past. Coach Michael Inglis proudly gathered with the team to accept its honours. Charlie Inglis picked up the bowling average with an average of 4.4 while Dylan Linden (below) recorded a great season with a batting average of 106. Congrats to all who attended and congratulations to the premiership boys.

### Big crowd salutes junior winners

Probably the biggest crowd yet attending the junior presentation afternoon paid tribute to the trophy winners and youngsters who enjoyed a successful season. Apart from the



U12 premiership Blues, who recorded an amazing champion team season, our emerging players also progressed smoothly. U14 coach Dave Westra paid tribute to all those who had magic moments that they enjoyed. Blake Westra, Josh Trembath and Aaron Naismith all showed plenty of potential.

Junior Coordinator Mel Naismith hailed the sizeable group of volunteers who worked together to ensure the season's success.

# A Healthy Sports Club

Upper Beaconsfield Cricket Club has become one of the first local sports

clubs to become a "Healthy Sports Club".

The club has become involved in the pilot project initiated by Monash Health in conjunction with the Shire of Cardinia, Cities of Casey and Greater Dandenong. A recent media launch saw the club receive its accreditation certificate, having adopted a program for injury prevention. As part of this UBCC has initiated a partnership with Your Body Hub (Officer). The local group of health professionals will assist our club to raise its procedures for injury prevention in the future.

ROB HANSEN



# Join the adventure

The Upper Beaconsfield Scout Group continues to grow. We offer all sections from Joeys to Rovers, which allows everyone from 5 to 25 years of age to participate and enjoy the many benefits of Scouting. We welcome new members and you are invited to join us for a free trial, chat with our leaders and ask any questions you may have.

Term 1 was busy with summer nights and lots of outdoor activities that you can read about below. All sections

the youth is incredibly rewarding. Please consider your position and call me if you would like to discuss anything.

Andrew Ewenson, Group Leader.
Contact 0418 334 140, email
leader@1stupperbeaconsfield.com.
Website 1stupperbeaconsfield.com or
Facebook 1st Upper Beaconsfield Scout

ANDREW EWENSON, GROUP LEADER



Group.

participated in a successful group camp and Clean Up Australia Day in March. The Village Festival was lots of fun for all. We also took great pride in assisting the RSL in the ANZAC Day service.

The Group Committee continues to upgrade our facilities at our hall. We were fortunate to receive a grant through the Stronger Communities Program that allowed us to install a new kitchen in the Igloo and undertake renovations to the Den, which included carpet and other comforts. The improvements will be completed soon.

The Scout Group is run by volunteers. We always need additional help to run fun and education programs for the youth of Upper Beaconsfield and surrounding areas. If you have some time to spare, think about helping the local Scout Group. You could do a presentation one night to the kids if you have a story to tell, or a profession you want to share. You could help at a Bunnings sausage sizzle, or volunteer to be a Cub or Scout Leader, or join our committee. Your involvement in helping

### Joeys

The theme for this term was "Space" and we had some great activities that allowed the Joeys to learn about space and how gravity works. We built some rockets, which the children were able to launch in the Igloo, we made some space slime and even showed the Joeys how an astronaut would eat in space. We finished our term with a jokes and tricks night where the Joeys all stood up in front of the mob, told several jokes and presented some magical tricks. Several new Joeys have joined this term and we are growing at a rapid rate. This term will include some "bring a friend" nights so look out for the invitations from our Joeys to a special friend. Preparations are also underway for a huge District Joeys Scout Camp on 14 and 15 September 2019 at Gilwell Park.

MATT KING, JOEY LEADER

### Cubs

Cubs made the most of warm summer days and daylight savings in term 1! There were many outdoor activities, which is what Scouting is all about!

There were night hikes around our beautiful, amazing local area (no bias), billy cart practice around the footy oval where medals were up for grabs. Cooking coloured pancakes on the outdoor BBQ resulted in some interesting creations including bunnies, unicorns, rainbows and Slendermans. A night hike spotting kangaroos at Cardinia Reservoir was enjoyable. And the highlight of the term was a twonight bike hike camp in Cowes, Philip Island. We visited the Koala Park and the Cubs rode 16 kilometres. Well done Cubs, a badge well deserved! This term will take us on a journey to the solar system with a visit to Mount Burnett Observatory, I wonder if we will spot Saturn this year? To broaden the Cubs' horizons, we will visit a veterinarian hospital and we go bowling in our onesies! It doesn't stop there though; our journey will take us on a train into the city for a city hike expedition and to finish off the term a sleepover in the 'Igloo'. Can't wait!

### KARA BENTLEY, CUB LEADER

### Scouts

After an earlier cancellation due to the bushfires, some of our scouts experienced a motorsport weekend called Top Gear, where they drove cars under supervision and buckled up for some hot laps at the Mafeking Rover Park near Yea. The event was an exhilarating experience. Some of our scouts challenged themselves to prepare and cook a 3-course meal using stove top appliances culminating in some interesting delicacies. Term 1 concluded with a fun night out at Casey Arc. Term 2 started off with a fitness night with a series of team building and individual games. We farewelled Harrison Pinney and presented him with his Australian Scout Medallion badge and Green Cord. The Australian Scout Medallion is the highest individual award you can achieve in the scouting section and is considered the pinnacle of scouting at this stage. It requires many years of hard work and demonstrated leadership. In early May eight of our scouts participated in a 70 km bike hike over two days on the Great Southern Rail Trail in South Gippsland. They enjoyed some beautiful scenery riding amongst rural farmland, forests and scrubby tea tree vegetation. Term 2 will also involve some orienteering and mapping, first aid and emergencies, weekend hikes, construction and a night away from the scout hall.

IAN PINNEY, SCOUT LEADER

### **Venturers**

The unit had an enjoyable start to 2019. One highlight was the "Anything Goes" camp down at Lardner Park in late February. This camp allowed the Venturers to try different activities such as high ropes, horse riding and laser tag, as well as the opportunity to camp together. Venturers also participated in a variety of cross-sectional activities such as the Group Camp and Clean Up Australia Day. The Venturers helped run games for the younger sections and helped organise the Cubs and Scouts for the clean up. Venturers participated in the ANZAC day commemoration held at the Upper Beaconsfield Cenotaph. We look forward to the annual Armstrong 500 hiking competition. There are also several other camps and courses coming up as well as a diverse and interesting program of activities each week.

MAX WALTON BRIGGS, VENTURER

# Split Rock Rover Crew

The Rovers have been busy. We welcomed new members with fun activities including watermelon carving and cards nights. We spent a night with the Venturers at Tunza



Fun linking members as they move up to Rovers. We completed community service at the wood chop event at the Berwick Show and amongst our own community with ANZAC Day service. Rovers went 4-wheel driving up the high country and participated in "Loose and Loud", a motor sport event in April. They raced in their bug "Bad Decisions" and finished in 3rd place. They are now busy preparing for the next one in June, Mudbash!

All sections of our Scout Group meet at the Igloo, Upper Beaconsfield Recreation Reserve.

> Joeys 5-7 years Monday 5.30-6.30 pm Cubs 7-10 years Monday 7.00-8.30 pm Scouts 10-14 years Tuesday 7.00-9.00 pm Venturers 14-17 years Monday 7.30-9.30 pm Rovers 18-25 years Thursday from 7.30 pm

# News from Cardinia Beaconhills Golf Club

### The Balcombe

This is a "Board" event which follows on from the club championships where the top eight in A, B and C Grade play knockout matchplay over three weeks. It is a difficult event to qualify for and even more difficult to win. In matchplay, the player with the lowest score for each hole wins that hole. In the event of a tie, the hole is halved. When a player leads by more holes than there are holes remaining, the match is won.



- A Grade Craig Perkins defeated David Crowe 3 & 2
- B Grade Mal Chambers defeated Alex Lowden 2 & 1
- C Grade Graham Martin defeated Graeme Taylor 3 & 2

### Twilight results

The final round of Twilight was played before the end of daylight savings with Wayne Davey again being crowned Twilight Champion. Jacob Drummond won the Best Overall Gross and Steve Mancer the Putting with an average of 13 putts for the 9 holes.

### Pennant results

A strong result with the men and women's pennant teams making the final in their division. The Women's Pennant team won the District Division 2 flag at Moonah Links with a resounding 5–2 victory over Devilbend. The Men's Division 1 Pennant team played their final against Rosebud at Flinders Golf Club and in a close match went down 4–3. Both teams have displayed enthusiasm and an exceptional support of each other and the team Captains Craig Perkins and Tracey Brown with Team Manager Nicki Charman are to be congratulated.

### Hole in one?

A special mention goes to Phil Hooke who managed a hole in one on the 7th green at Beaconhills on Tuesday 30 April. Quite a shot you may think. Well it would have been had he not been playing off the 10th tee!

Cardinia Beaconhills

### New membership options

Trying to find ways for our beautiful golf course to be enjoyed by more players, especially Upper Beaconsfield residents, we now offer a "Lifestyle Membership" which is a flexible, affordable, points-based membership option which includes up to 60 rounds of 9-hole golf for just \$670. We have also introduced a Junior membership category where an adult can play with the junior member for free after 3 pm for \$350 p.a. There are further details on our website www.beaconhillsgolf. com.au or please call our office on 5945 9210 for more information.

# "Fridays by the fire" meals

Bistro open from 6 pm Fridays. Please ring 5945 9210 to reserve your table.

MATT VAN DER KRAAN CLUB MANAGER

# A serve from the tennis club

## Competition

The summer season has wrapped up now and we have seen fantastic results from both our junior and senior teams. This season saw us bring home three premierships. Congratulations to Junior Section 5, Junior Section 7 and Senior Men's B Special who all came away with wins. It was good to see these teams work well together and display sportsmanship. The new winter season has just started, and we have seen good tennis early on with many teams gaining early wins.

Even though this season is just underway there is time to consider whether you would like to play competition for our club. If you would like to play either junior or senior weekend inter club competition, please contact the club via email or on our Facebook page and we will be able to assist you.

### **Tennis 4 Teens**

The club is proud to be part of Tennis Victoria's Tennis 4 Teens Program which encourages youths aged 12–17 to be active in a non-competitive/social environment.
These sessions are for both members and non-members and aimed at players of all abilities with rackets, balls and a BBQ provided! It is a great way to get involved in tennis and meet new people whilst having fun.

If you would like to register go to www. clients.mindbodyonline.com/classic/mainclass and find Upper Beaconsfield Tennis Club on Sundays. The program will run until mid-June.

# Working bee

Thank you to all those involved in the working bee held on Sunday 5 May, where volunteers were able to carry out maintenance to the inside and outside of our club, including gardening and painting.

# Interested in playing tennis?

The club offers a wide range of tennis to suit everyone! This include night tennis, mid-week ladies, junior and senior completion and coaching. If you are interested in any of these please get in contact with us and we will be happy to help with any queries. upperbeaconsfieldtc@gmail.com www.facebook.com/upperbeaconsfieldtennisclub

JONATHON COLLINS



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